Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	**PainChek Limited**
ABN	**21 146 035 127**

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	**Adam Davey**
Date of last notice	**7 July 2025**

Part 1 - Change of director's relevant interests in securities
In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct & Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Adam Davey as Trustee for the Shenton Park Investment Trust (Trustee & Beneficiary) and The Davey Super Fund
Date of change	12 September 2025
No. of securities held prior to change	1. 13,350,379 Fully Paid Ordinary Shares (Indirect) 2. 767,280 Options (Indirect) 3. 2,149,617 Fully Paid Ordinary Shares (Direct) 4. 566,572 Performance Rights (Direct)
Class	Fully Paid Ordinary Shares (FPOS) Performance Rights (PR)
Number acquired	566,572 FPOS
Number disposed	566,572 PR

+ See chapter 19 for defined terms.

Value/Consideration includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil
No. of securities held after change	1. 13,916,951 Fully Paid Ordinary Shares (Indirect) 2. 767,280 Options (Indirect) 3. 2,149,617 Fully Paid Ordinary Shares (Direct)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Conversion of performance rights

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

19 September 2025

+ See chapter 19 for defined terms.

Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	**PainChek Limited**
ABN	**21 146 035 127**

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	**Ross Harricks**
Date of last notice	**7 July 2025**

Part 1 - Change of director's relevant interests in securities
In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct & Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Harricks Super Pty Ltd Ross Harricks is a director and a shareholder
Date of change	12 September 2025
No. of securities held prior to change	1. 9,361,261 Fully Paid Ordinary Shares (Direct) 2. 1,040,141 Options (Direct) 3. 1,879,412 Fully Paid Ordinary Shares (Indirect) 4. 566,572 Performance Rights (Direct)
Class	Fully Paid Ordinary Shares (FPOS) Performance Rights (PR)
Number acquired	566,572 FPOS
Number disposed	566,572 PR
Value/Consideration includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil

+ See chapter 19 for defined terms.

No. of securities held after change	1. 9,927,833 Fully Paid Ordinary Shares (Direct) 2. 1,040,141 Options (Direct) 3. 1,879,412 Fully Paid Ordinary Shares (Indirect)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Conversion of performance rights

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

19 September 2025

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Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	**PainChek Limited**
ABN	**21 146 035 127**

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	**Cynthia Payne**
Date of last notice	**7 July 2025**

Part 1 - Change of director's relevant interests in securities
In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct & Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	C&N Payne Family Pty Ltd – Cynthia Payne's spouse is a director and shareholder of this company
Date of change	12 September 2025
No. of securities held prior to change	1. 1,153,003 Fully Paid Ordinary Shares (Direct) 2. 1,682,170 Fully Paid Ordinary Shares (Indirect) 3. 186,908 Options (Indirect) 4. 566,572 Performance Rights (Direct)
Class	Fully Paid Ordinary Shares (FPOS) Performance Rights (PR)
Number acquired	566,572 FPOS
Number disposed	566,572 PR
Value/Consideration includes brokerage/gst Note: If consideration is non-cash, provide details and estimated valuation	Nil

+ See chapter 19 for defined terms.

No. of securities held after change	1. 1,719,575 Fully Paid Ordinary Shares (Direct) 2. 1,682,170 Fully Paid Ordinary Shares (Indirect) 3. 186,908 Options (Indirect)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	Conversion of Performance Rights

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

Part 3 – +Closed period

Were the interests in the securities or contracts detailed above traded during a +closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

19 September 2025