



# Transforming pain management with PainChek® at Allambie Heights Village Ltd.



**Residential Care Partner:** Allambie Heights Village Residential Aged Care Facility

**Chief Executive Officer:** Ciarán Foley

**Facility Manager:** Jim Murray

**PainChek® first used:** May 2018

**Approximate No. of assessments:** >1,850

**Key PainChek® benefits:**

- PainChek® provided evidence to GPs about the underlying pain that triggers behaviours in residents, which resulted in the reduction of psychotropic medications.
- The PainChek® assessment assisted in demonstrating how the correct medication used results in improved residents' comfort.
- Staff are more confident in treating pain effectively when it has been identified.
- Staff and families are reassured that the residents are receiving appropriate treatments for pain.
- PainChek® enables easy record-keeping which can be integrated with existing software record systems.
- The evidence-based process allows Operators to be compensated under the Aged Care Funding Instrument (ACFI).

For more information, go online [www.painchek.com](http://www.painchek.com)



## Background

Allambie Heights Village Ltd. has been operating on Sydney's Northern Beaches since 1966. As a provider of retirement villages and a residential aged care facility, it is reputed for its excellence in quality care and quality accommodation.

Its brand, "Our Business is Protection" reflects its dedication and forward thinking to embrace all to ensure that its residents come first and are at the centre of everything that its staff, management and directors do. With high levels of occupancy in all of its operations and staff longevity, it is known for its 'thought leadership' and progressive approach to care and service.

Allambie Heights Village Ltd. was one of the first aged care providers in Australia to embrace PainChek®.

## Outcomes

**Jim Murray, Facility Manager of Allambie Heights Village Ltd. highlights the clinical benefits of using PainChek®.**

*"PainChek® is utilised in approximately half of our residents, due to the presence of dementia and clear communication problems. PainChek® continues to provide evidence to GPs about the underlying pain that triggers behaviours in those residents, which resulted*

*in the reduction of psychotropic medications. The PainChek® assessment also assisted in demonstrating how the correct medication (such as analgesic) used results in improved residents' comfort."*

**Ciarán Foley, Chief Executive Officer at Allambie Heights Village Ltd. explains further**

*"Our staff have seen the benefits of the PainChek® assessments. They have experienced the improved residents' behaviour (such as agitation and resistance to care), which gives them genuine confidence now in identifying and treating pain effectively – this in turn has allowed them to reassure the residents' families that the appropriate medication and alternative treatments to medication are being provided once pain is diagnosed."*

*"PainChek® enables easy record-keeping which can be integrated with existing software record systems. It provides accountable and clear record-keeping and evidence availability for staff, GPs and for auditing purposes."*

*"From a funding perspective, PainChek® offers an evidence-based process that allows Operators to meet the requirements of the current Aged Care Funding Instrument (ACFI) Model across several domains."*